

# KINDERGARTEN CARE



## PLAY



## Discover

## Explore



# KINDERGARTEN CARE (KCARE)

**KCare** is provided to parents who require a full-day service for their child. KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **specially designed environments with carefully chosen resources**.

**KCare** aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



## KCare Team of MK@Northshore



Ms Julie Tan  
Centre Supervisor



Ms Christine Cheum  
Admin/Programme Staff

### Programme Staff



Ms Pearlyn Foo



Ms Aruna



K1 Mentor  
Ms Aimie



Ms Preyanka



Ms Keerthana

### Support Staff



Ms Ivy Ho



Ms Cindy Ong



Ms Emily Pang

# KEY FEATURES

## Play

**Exploration and discovery through play**

*Importance of play*

**Large blocks of time for indoor and outdoor play**

*Importance of continuous periods of time for play (e.g., 1 hour)*

**Opportunities for mixed-age play**

*Benefits of mixed-age play and interaction (K1 and K2)*

## Environment

**Specially designed environment and carefully chosen resources**

*Importance of environment*

**Children's autonomy in deciding what and how to play within the created environment**

*Benefits of child-initiated play*



# PROGRAMME

**Modular Activities** provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

<b>Modular Activities</b>	<b>Purpose</b>
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor) Sand & Water Play (outdoor)	For children to find out more about the world around them

# THE KCARE EXPERIENCE

## Modular Activities (Indoor)





# THE KCARE EXPERIENCE

## Modular Activities (Outdoor)



**Gardening**



**Sand and Water Play**



# PROGRAMME

**Free Play** provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

Indoor Free Play

Outdoor Free Play

Construction and  
Manipulative  
Free Play

Dramatic  
Free Play

Outdoor  
Free Play

Sand and Water  
Free Play



Dedicated Reading Time



# KCARE ROUTINES AND ENVIRONMENT

## Health Check Areas



# KCARE ROUTINES AND ENVIRONMENT

## Health Check Areas

**Health  
Check**



**Sign in  
and out  
from  
here**



# KCARE ROUTINES AND ENVIRONMENT

## Indoor Environment – Activity Rooms





# KCARE ROUTINES AND ENVIRONMENT

## Outdoor Environment

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them



Sand & Water Play Area



Sensory Garden

# A Typical Day

## Sample Timetable (PM KCare)

Time	Activity
12.00 pm – 12.30 pm	Arrival in KCare and Health Check
12.30 pm – 2.30 pm	Lunch, Clean-up, Rest/Nap
2.30 pm – 3.30 pm	Modular Activities (Indoor) / Indoor Free Play
3.30 pm – 3.45 pm	Afternoon Snack
3.45 pm – 4.00 pm	Dedicated Reading Time
4.00 pm – 5.00 pm	Modular Activities (Indoor/Outdoor) / Indoor/Outdoor Free Play
5.00 pm – 7.00 pm	Indoor / Outdoor Free Play, Quiet Time and Dismissal



# Holiday programme

## Sample Timetable for KCare

Time (h)	Activity
7.00 am – 9.00 am	Arrival and Health Check Breakfast and Indoor Free Play
9.00 am – 11.00 am	Holiday Activities (Outdoor) Morning Snack
11.00 am – 11.15 am	Dedicated Reading Time
11.15 am – 12.15 pm	Modular Activities (Indoor)
12.15 pm – 2.45 pm	Lunch, Clean-up, Rest/Nap
2.45 pm – 3.00 pm	Dedicated Reading Time
3.00 pm – 3.30 pm	Afternoon Snack
3.30 pm – 5.00 pm	Holiday Activities (Indoor)
5.00 pm – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal



# MEALS AND SAMPLE MENU

For KCare PM Session,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Public Holiday</b>	<b>LUNCH</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
	Mixed Grain Rice Baked Fish w Citrus Sauce With Carrot corn soup or Vegetarian Braised Ginger Tofu  Hairy Gourd w Shredded Carrot Soup	Brown Rice Bee Tai Mak with Minced Chicken or Vegetarian with Tau Kwa  Chye Sim & Carrot Soup	Mixed Grain Rice Five Spice Roast Chicken or Vegetarian Five Spice Roast Mock Chicken  Cabbage Soup	Mixed Pasta with Sesame Baked Chicken or Vegetarian Mock Chicken  Broccoli Soup
	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit
	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>	<b>AFTERNOON TEA</b>
	Cookies & Cream Roll Full Cream Milk	Honey Star Full Cream Milk	Pandan Muffin Soya Milk	Strawberry Cream Roll Full Cream Milk

# SCHEDULE FOR FIRST 2 DAYS OF SCHOOL

**For K1 children enrolled in MK (A.M. session):**

Time	Programme
8.00 am - 9.30 am	MK
9.30 am - 11.00 am	KCare

# KCARE ARRIVAL AND DISMISSAL TIME

## Arrival

Health check start at 7.00am to 7.50am

## Dismissal

KCare staff will dismiss children at following timing:

4.30 pm, 5.15 pm, 5.30pm, 6.00pm, 6.30pm & 7.00pm



# KCARE FEE



## Monthly fee for KCare in 2025

Singapore Citizen	Singapore Permanent Resident
\$250  (Fee shown above is after \$150 basic subsidy)	\$350



# KCARE FEE – SUBSIDIES

KCare subsidy is administered by MOE and provided in 2 tiers:

## Basic Subsidy (BS)

-  All Singapore Citizen (SC) children are eligible for and automatically given a Basic Subsidy of \$150 per month.
-  No separate application is required

## Additional Subsidy (AS)

-  Provided in addition to Basic Subsidy upon approval of the AS application
-  Tiered according to income level and provided to eligible applicants who meet the eligibility criteria



# KCARE ADDITIONAL SUBSIDY ELIGIBILITY CHECKER

You may utilise the KCare Eligibility Calculator available on the MOE website to determine if your child qualifies for the KCare additional subsidy:

<https://moe.gov.sg/preschool/moe-kindergarten/kindergarten-care>

## KCare subsidy eligibility checker (applicable for SC child only)

An additional subsidy is also provided and this is tiered according to income levels. Enter the details to check whether your child is eligible for the additional subsidy:

 My monthly household income is  

There are  people in my household.

I am a working mother or single father of my child.

[SHOW ME MY OPTIONS](#)



# COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: [nskcc@ymca.edu.sg](mailto:nskcc@ymca.edu.sg)

Telephone: 6592 0783

Mobile : 9860 6721

Operating Hours: Monday to Friday during school terms, 12pm to 7pm, school holidays from 7am to 7pm.

(Closed on Saturdays, Sundays, Public Holidays and up to 6 additional days each year)

# THANK YOU!

